



PEDIATRIC DENTAL
SPECIALISTS OF WEST MICHIGAN
STEPHANIE KLOOSTRA, DDS, MS • KATHRYN SWANSON, DDS

EXTRACTION POST-OP INSTRUCTIONS

1. DO NOT RINSE the mouth
2. DO NOT drink through a straw
3. No hard play for the first day

If your child was anesthetized (numbed), you can expect them to stay this way for 1 - 4 hours. The lower teeth may stay numb a bit longer than the upper teeth. To avoid damage to your child's tongue, cheeks or lips, avoid eating, chewing or sucking as long as possible until the numbness

If the patient has pain, take Tylenol or Ibuprofen as directed on the bottle. Keep fingers and tongue away from the extraction area.

Some bleeding is expected, but should stop or slow down after 10 to 15 minutes of biting pressure on the piece of gauze. If bleeding persists, stay in a sitting position and make a small pass of several pieces of gauze. Place over the extraction area and bite down for another 30 minutes.

If the face swells, apply an ice bag or cold cloth against the cheek for 10 minutes, leave off for 10 minutes and repeat. Never use heat after an extraction.

A soft diet is recommended during the first 24 hours.

Rinse mouth gently with 2 teaspoons of salt mixed in a glass of lukewarm water and brush teeth as usual.

Pediatric Dental Specialists of West Michigan
2155 E Paris Ave SE, Ste 120
Grand Rapids, MI 49546
(616) 608-8898